



1 Remember the story

Answer in your own words. Look back at the story if you want.

- 1 What was Shani waiting to find out?

- 2 What promise did Mama make about news before Friday?

- 3 What did Shani do at night instead of arguing with each worry?





2 Fact or guess

Read each sentence. Circle Fact if the story shows it for sure.
Circle Guess if it is only an idea someone has.

- | | | | |
|---|---|------|-------|
| 1 | Mama's test results were due on Friday. | Fact | Guess |
| 2 | Asking many times produced new information. | Fact | Guess |
| 3 | Shani told Baila after checking with Mama that morning. | Fact | Guess |
| 4 | Mama said Shani had worried for nothing. | Fact | Guess |
| 5 | Listening to Baila's problem gave Shani a break from her own worry. | Fact | Guess |
| 6 | The results were good, with one routine follow-up. | Fact | Guess |

Write one fact and one guess from your own day.





3 Think and write

Write what is true for you, or write about a made-up person. You do not have to share anything private.

- 1 Write an invented sentence a caregiver could say so a character knows they will hear news immediately, without being asked over and over.

- 2 Describe how doing ordinary things during a wait is different from pretending nothing is happening.

- 3 Write about a fictional character noticing their worry at night and naming things in the room instead.





4 Word search

Find the 6 words. They go across or down.

R	S	T	A	P	L	E	R	V	G
U	N	D	Q	U	I	Z	F	B	Y
K	O	N	H	H	T	U	V	R	Y
M	T	F	R	I	D	A	Y	H	K
S	E	R	E	S	U	L	T	S	Y
I	B	R	A	D	I	A	T	O	R
N	O	W	C	S	I	B	I	O	V
N	O	E	P	R	C	D	N	C	E
C	K	K	M	N	H	E	L	W	G
C	N	C	K	F	I	D	G	I	K

RESULTS FRIDAY STAPLER NOTEBOOK RADIATOR QUIZ





5 Words connected to the story

These words are connected to the story. Put the letters in order.

1 T S L R U E S

2 R D Y F A I

3 T A E L P R S

4 K T O O N E B O

5 A D I T R A R O

6 Z Q I U





6 Say it out loud

Practice these out loud, or whisper them. Then write what you would say in your own words.

- 1 "I know you'll tell me if anything changes. I don't need to keep checking."

- 2 "Not knowing is hard, and I can still do the next ordinary thing."

- 3 "The worry is here tonight. So are my cup, my ceiling, and my radiator."



7 My chart

Use Shani’s wait or an invented one. Do not record real medical details. Real health worries belong with a trusted adult and qualified clinician.

What I know in the fictional story	What I don’t know yet	Who will tell me when there’s news	Ordinary things that keep happening



8 Draw it

Draw the stapler drawer, the kitchen table, the blue cup by the bed, and the notebook's back page. Caption what helped during the wait. No people needed.

1

2

3

4





Answers for the grownup

This page is for checking. Fold it back or keep it for later.

Remember the story

Whether her mother's test results were good. Mama promised to tell her immediately if anything changed. Named things in her room rather than debating each what-if.

Fact or guess

1. Fact 2. Guess 3. Fact 4. Guess 5. Fact 6. Fact

Word search

RESULTS: row 5, column 3, across; FRIDAY: row 4, column 3, across; STAPLER: row 1, column 2, across; NOTEBOOK: row 2, column 2, down; RADIATOR: row 6, column 3, across; QUIZ: row 2, column 4, across

Words connected to the story

1. RESULTS 2. FRIDAY 3. STAPLER 4. NOTEBOOK 5. RADIATOR 6. QUIZ

